



Community Chit, Chat & Chew

Come for the news, stay for the food

APRIL 2020—#2



THANK YOU!

On Tues 7th April, Glen Park held an emergency Community Pantry, providing food and house hold items to members of its community to help them through what is one of the toughest times we've seen. A massive thank you to Eastland, Woolworths Eastland, Foodbank Victoria and most of all; Jodie, for bringing along the items that everyone really needed. The fresh bread was well and truly welcomed by the community as were the additional staples.

Thank you again!

ROVING REPORTER

Q1. If you could close one fast food chain, what would you pick?

A: Nicole & Barbara both said KFC, Natalie said Hungry Jacks.

Q2. Do you believe in second chances?

A: Nicole—Yes I do believe in second chances. We're human and we make mistakes. We need to learn from our mistakes and the only way to do that is to get a second chance.
Barbara and Natalie both said yes.

Q3. If you had a time machine, would you go back in time or visit the future?

A: Nicole would go back in time, as Doris Day said "The future's not ours to see". Nicole would have a chat with her little self and tell her not to worry so much.
Barbara would also go back in time, but not too far back.
Natalie would visit the future, so she can win the lotto!

Roving Reporter: Naomi Butler-Moore

Interviewees: Nicole Van't Foort, Barbara Nowak, Natalie Rufford-Sharpe



GLEN PARK'S BLAST FROM THE PAST

Suzanne helping Naomi cook yummy pastry dishes in 2013!



FACEBOOK POLL!

Glen Park asked and you answered.
Would you rather fulfill your biggest wish or resolve your biggest regret?

Fulfill biggest wish: 9

Resolve biggest regret: 2



COMMUNITY PANTRY & COMMUNITY MEALS

Community Pantry—Tuesday 5th May

10:00am—12:00pm

Take Away Community Meals—Wednesday 21st May

Meals served at 6:00pm sharp.

Café on the Park.

Eat, Drink & Be Social at Glen Park

Glen Park Community Centre

30 Glen Park Rd, Bayswater North VIC 3153

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OFFICE ADMINISTRATOR - KASIE BEBBINGTON

Hello everyone! At the start of the year, I touched base on what hobbies I would be taking on in 2020. Well let me tell you, the list is growing! I've recently started painting with watercolours and oh boy, it's far more difficult than I remember it being in school but as they say, practice makes perfect.

Now, I know the featured report is supposed to be about myself but I would like to share with you the behind the scenes of two very special Glen Park staff members and the efforts they've been going to, to keep the community connected and cared for.

Over the last 4 weeks, Heidi & Naomi have been sourcing food donations and material aid to ensure our Community Pantry members & Community Meals attendees have the basic essentials and plenty of nutritious food to keep them going in the current State of Emergency.

With donations and the food they've sourced by picking up from various locations, they have gone above and beyond to cook meals to hand out at our Community Pantry and Community Meals. Heidi & Naomi have even delivered homecooked meals and material aid to members of our local community who are unable to go shopping or cook for themselves.

Heidi and Naomi work to ensure the most vulnerable members of our community are looked after and keep in contact with them on a regular basis. I will also tell you that this isn't the first time and it won't be the last time that they put their hands up and work together to help those in need. They don't do these things for recognition, they do it out of the kindness of their own hearts and their passion for community. Thank you Heidi & Naomi for supporting our community, the work you do is truly inspirational.

RECIPE TO MAKE WITH THE KIDS!



CHICKEN & AVOCADO
RICE PAPER ROLLS

Ingredients: 2 cups cooked shredded skinless chicken, 1 cup brown cooked brown rice, 2tbsp chopped coriander, 2tbsp light mayonnaise, 1tsp salt reduced soy sauce (plus extra to serve), 1 Lebanese cucumber, 1 avocado, 1 cup baby spinach leaves, 1/4 pkt snow pea shoots, 8 x 22cm round rice paper wrappers.

Method: Combine chicken, rice, coriander, mayonnaise and soy sauce in a bowl and mix well. Thinly slice cucumber on the diagonal. Peel and slice avocado and wash and dry spinach leaves and snow pea shoots. Using rice paper wrappers, soak one at a time in warm water for 30 seconds and then place on a damp tea towel. Place an 1/8 ingredients into each wrap and roll tightly. Repeat and serve rolls with salt reduced soy sauce.

HEIDI'S MONTHLY REPORT

Welcome to our 16th edition of Community Chit, Chat & Chew.

Well it's week 4 of the centre being closed and I must say I'm missing the hustle and bustle of the day to day at Glen Park. We are managing to stay in contact with our community through a number of different ways, however it's not the same as seeing all those faces in person.

Thankfully Glen Park is still able to provide food and material aid during this uncertain time. We have increased our community pantry sessions to fortnightly, doing drop off meals and staples by appointment and providing take away community meals. We will be receiving a much needed financial boost from the Federal Governments Financial Crisis and Material Aid—Emergency Relief activity funds which will allow us to continue to provide the same level of support we are providing in our community in the way of food and material aid.

We held our Annual General Meeting via ZOOM on Tuesday 14th April. It was a very new way of doing things, but I must say it was pretty successful. If a current member does want to see our audited financials or to receive a copy of the minutes, please contact our office.

Just a reminder if anyone wishing to make a donation to Glen Park Community Centre can do so a direct deposit, please contact Delise, our Finance Coordinator on finance@glenparkcc.com.au to make those arrangements.

Glen Park is a Public Benevolent Institution with Deductible Gift Recipient tax status, therefore you can claim any donation over \$2 on your tax return.

Until next time—stay fit, stay well and stay in touch.

